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Α	IVI	Sn	ack

Pineapple & cottage cheese

Lunch

27

Cheese Ravioli w/ veggies & fruit

PM Snack

Fruit & Ritz Bitz

Extended Snack

Pepperoni & crackers

28

AM Snack

Cereal & banana

Lunch

Hot turkey/cheese bagel sandwich w/ veggies & rice

PM Snack

Goldfish & fruit

Extended Snack

Ritz Bitz & fruit

AM Snack

Applesauce & milk

Lunch

Spaghetti w/ mixed veggie & fruit

PM Snack

Cheez its & peaches

Extended Snack

Goldfish & fruit

2

AM Snack

Yogurt & fruit

Lunch

English muffin pizza w/ veggies & fruit

PM Snack

Apple sauce & animal crackers

Extended Snack

Cheez its & peaches

AM Snack

Cheez Its & tropical fruit

Lunch

Pancakes w/ strawberries &

Turkey sausage PM Snack

Pepperoni & crackers

Extended Snack

Apple sauce & animal crackers

AM Snack

Graham cracker & banana

Lunch

Alfredo pasta w/ Green beans & fruit

PM Snack

Cucumbers w/ ranch & juice

Extended Snack

Nutri grain bar & fruit

7

AM Snack

Yogurt w/ Blueberries

Lunch

Chicken Nuggets w/ sweet potato fries & mixed veggie

PM Snack

Chocolate pudding &Wafers

Extended Snack

Cucumbers w/ ranch & juice

8

AM Snack

Applesauce & Wafers

Lunch

Sweet n sour chicken w/ rice &

PM Snack

Cheese cubes & fruit

Extended Snack

Chocolate pudding & wafers

9

AM Snack

Cereal w/ fruit

Lunch

Teriyaki Chicken w/ veggies &

fruit

PM Snack

Ritz Bitz & fruit

Extended Snack

Cheese cubes & fruit

10

AM Snack

Rice cakes w/ jelly

Lunch

Turkey sandwich w/ tomato & fruit

PM Snack

Oranges & goldfish

Extended Snack

Ritz Bitz & fruit

13

AM Snack

Apples & Cheez Its

Lunch

Chicken Patty & biscuits w/ green beans & sweet potato tots

PM Snack

Ritz w/ jelly

Extended Snack

Apples & juice

Lunch

Waffles w/ Turkey sausage & Blueberries

PM Snack

Pepperoni & crackers

Peaches & crackers

/carrots & fruit

Extended Snack

Rice cakes w/ jelly

Grilled cheese sandwich w/ peas

Apple sauce & animal crackers

Extended Snack

Ritz w/ jelly

AM Snack

PM Snack

21

Lunch

15

AM Snack

Yogurt w/ Granola

Lunch

Bagel pizza w/ fruit & veggies

PM Snack

Oranges & goldfish

Extended Snack

Pepperoni & crackers

16

AM Snack

Cereal & milk

Lunch

BBQ Chicken w/ corn & rice

Pineapple

PM Snack Pears & cheez its

Extended Snack

Oranges & goldfish

17

AM Snack

Wafers & fruit

Lunch

Pesto pasta w/ fruit & veggies

PM Snack

Sliced Apples & juice

Extended Snack

Pears & cheez its

20

AM Snack

Pita bread w/ hummus

Lunch

Chicken parmesan w/ sweet potato & veggies

PM Snack

Rice cakes w/ jelly

Extended Snack

Pepperoni & crackers

14

AM Snack

Pita bread w/ hummus

22

AM Snack

Yogurt w/ Strawberries

Lunch Pancakes w/ strawberries &

Turkey sausage PM Snack

Celery w/ ranch

Extended Snack

Apple sauce & animal crackers

23

AM Snack

Cereal & milk Lunch

Spaghetti w/ veggies & oranges

PM Snack

Cheez Its & fruit

Extended Snack

Celery w/ ranch

24

AM Snack

Pineapple & cottage cheese

Alfredo pasta w/ broccoli , fruit & garlic toast

PM Snack

Pepperoni & crackers

Extended Snack

Cheez Its & fruit