

SCHOOL NAME PRESENTS

Virtual PARENTING WORKSHOP

Mindful Parenting and Positive Discipline

Creating a foundation for growth

with **Marissa Parker Gold**

For Preschool and Elementary School Parents

Wednesday, February 2

4:00 PM PST / 7:00 PM EST



Parenting and child development expert Marissa Parker Gold of Intuit Parenting shares why Mindful Parenting and Positive Discipline are the keys to enjoying a more harmonious relationship with our children. Learn how to recognize and manage your own emotions to respond more effectively and respectfully to your child's behavior. Find out how to set appropriate consequences, encourage positive choices, and thoughtfully guide your child to become a more responsible, independent, and self-aware individual. Marissa explains how practicing and modeling mindfulness and positive discipline as parents can create a strong foundation of mutual respect and growth.

About the Speaker:

As the Founder of Intuit Parenting, Marissa is dedicated to serving parents throughout their child's developmental years—in private consultations, parenting groups (both Mommy and Me and Parent Education seminars), school and community presentations, and workshops.

Marissa's unique perspective focuses on helping parents by reinforcing intuitive, positive, respectful, and attentive parenting. Ultimately helping parents have a deeper understanding for the developmental needs of their child and the ability to engage in non-confrontational and respectful communication, effective modeling, authentic, present, and mindful parenting.

Registration link:

INSERT LINK



Merryhill
School

Register Today! Workshops are FREE with registration. **Click on the link above to register.** A Zoom link will be sent to registrants the day prior to the event. Once the link is sent, you will be asked to register again in Zoom in order to join the live event.