# February Newsletter

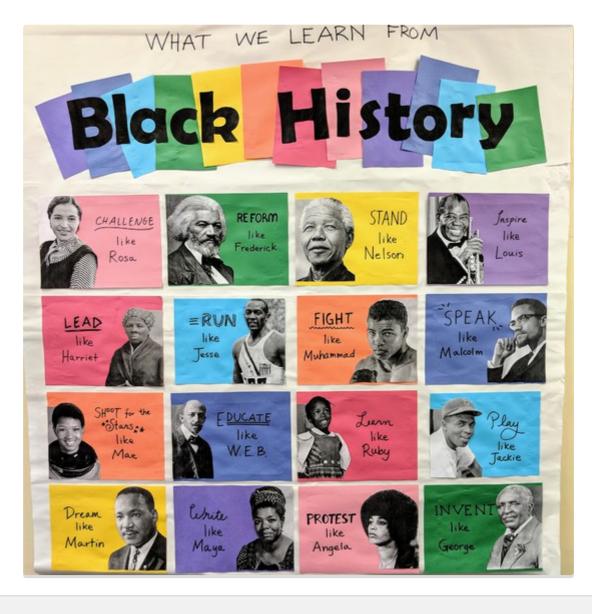
#### Merryhill Preschool @ Mountain's Edge

## Dear Families,

January definitely flew by and we are now entering the second month of 2022! We started January a little rocky while we navigate through this pandemic surge, but our children are still thriving and enjoying coming to school to learn. We are now entering our Early Registration period for the 22-23 school year and February is super busy with lots of events, traditions and cultural events.

February is Black History Month and a month of celebrating love, so what a better way to show love then to spread Kindness. This month as we learn about Black History Month and what that means in our environment, we will focus on being Kind and learning what that means when we are this young. We would love for you to share how you spread kindness at home. We will have cut out hearts for the month of February in the foyer for you to share ways you show kindness at home. We will then add them to our "Ways to Be Kind" Wall and display them for the month.

	F	ebruary	7	
31 AM Snock Ritz w/ jelly Lunch Mini Corn dogs w/ plaintain chigs & mandarin oranges PM Snack Graiama Crackers & juice Extended Snack Nutri Grain Bar & fruit	1 AM Snack String Cheese & crackers Lunch Bean & cheese Quesadilla w/ corn & pickles PM Snack Applesauce & Cheez Its Extended Snack Graham Crackers & juice	2 <u>AM Snack</u> Pita & Hummus <u>Lunch</u> Spaghetti w/ green beans & garlic toast <u>PM Snack</u> Goldfish & fruit leather <u>Extended Snack</u> Applesauce & juice	3 <u>AM Snack</u> Mandarin Oranges w/ rice cakes <u>Lunch</u> Grilled Cheese w/ mixed veggie & sweet potato fries <u>PM Snack</u> <u>PM Snack</u> Tortilla Chips w/ Salsa <u>Extended Snack</u> Cheez Its & fruit leather	4 <u>AM Snack</u> French toast w/ Syrup & milk <u>Lunch</u> Ham and cheese sandwich & apple slices <u>PM Snack</u> <u>Pepperoni w/ crackers</u> <u>Extended Snack</u> Tortrilla Chips w/ Salsa
7 <u>AMSnack</u> Waffles w/ Syrup & milk <u>Linch</u> Parmesan crusted chicken pasta w/ mixed veggie <u>PM Snack</u> Teddy Grahams & juice <u>Extended Snack</u> Pears w/ cottage cheese	8 AS Snack Yogurt w/ strawberries Lunch Mac and Cheese w/ broccoli & chicken PM Snack Cheese cubes & pretzels Extended Snack Pits w/ Hummus	9 <u>AM Snack</u> French toast sticks w/ syrup w/ blueberries <u>Lanch</u> English muffin pizza w/ carrots & apple slices <u>PM Snack</u> Vanila wafers &fruit leather <u>Extended Snack</u> Cheese cubes & pretzels	10 AMSnack Tropical Fruit & cereal Lunch Turkey and Cheese rolls w/ pickles & tomato slices PMSnack Ritz Bitz & fruit Extended Snack Vanilla Wafers & fruit leather	11 AM Snack Chocolate Pudding & String cheese Lunch Black Bean and Cheese Burnto w/ olivesi PM Snack Chex mix & juice Extended Snack Ritz Bitz & fruit
14 AM Snack Applesauce & goldfish Lunch Chicken and rice w/ green beans <u>PM Snack</u> Ritz w/ sun butter <u>Extended Snack</u> Chex Mix & juice	15 AM Snack Fuit & cottage cheese Lunch Alfredo pasta w/ broccoli &fruit PM Snack Fig Newton & juice Extended Snack Ritz w/ sun butter	16 AM Snack Yogurt w/ Granola Lunch Pancakes and syrup w/ Turkey sausage PM Snack Pretzels & fruit leather Extended Snack Fig Newton & juice	17 <u>AM Snack</u> Cereal & milk <u>Lunch</u> Grilled Chicken w/ corn and 88Q, sauce <u>PM Snack</u> Pears w/ cottage cheese <u>Extended Snack</u> Pretzels & fruit leather	18 NO School
n NO School	22 AM Snack Animal crackers & chocolate pudding Lunch Soft chicken tacos w/ refried beans & olives PM Snack Apple sauce & animal crackers Extended Snack Rice cakes w/ sunbutter	23 AM Snack Yogurt w/ Strawberries Lunch Chicken Nuggets w/ cheese cubes & fruit PM Snack Cheese cubes & saltines Extended Snack Apple sauce & animal crackers	24 <u>AM Snack</u> Cereal & milk <u>lunch</u> Meatballs & gravy w/ green beans & rice <u>PM Snack</u> Cheez Its & fruit <u>Extended Snack</u> Cheese cubes & saltines	25 AMSnack Goldfish & Pineapple Lunch Bagel pizza w/ fruit PM Snack Pepperoni & crackers Extended Snack Cheez Its & fruit











February 11 - Super Bowl Friday Fun!



Chinese New Year Events at Mountain's Edge



# February 14 - 18: Spirit Week



## Teacher In-Service Day - Friday, February 18th.

Our teachers are required to have 24 annual hours of Early Childhood Education classes. We are always learning new ways to continue to bring fun education to the classroom. So enjoy your day off as we continue to learn and grow as educators.

## President's Day - February 21st

In observance for President's Day we will closed on Monday, February 21st. Enjoy your day off!





## Merryhill Preschool at Mountain's Edge

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Leave us a kind review on Facebook, Google or Yelp so that other families know why you chose our school and program. Refer a friend and get a week off of your tuition.

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