



July Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	1 Cereal w/Bananas and Milk	2 Nutri-Grain Bars & Fruit	3 Vanilla Parfait Yogurt w/Strawberries & Blueberries	4	5 Pancakes w/Sausage & Milk
Lunch	Chicken Tortellini Alfredo & Fruit	Tomato Soup w/Grilled Cheese & Apple Juice	Mac and Cheese w/Green Beans and Pineapple	School Closure	Pizza Friday Fundraiser
PM Snack	Animal Crackers w/Apple Juice	Graham Crackers and Milk	Chocolate Chip Banana Bread w/Milk		Ritz Crackers w/Pepperoni
Ext. Snack	Graham Crackers and Milk	Ritz Crackers and Pepperoni	Pirate Booty & Apple Juice		Nutrigrain Bars and Milk
AM Snack	8 Spice Muffins and Milk	9 Apple Sauce w/Graham Crackers	10 Sausage & Egg English Muffin w/Juice	11 Toast w/Jelly & Milk	12 Nutrigrain Bars and Milk
Lunch	Popcorn Nuggets w/Baked Beans and Fruit	Beef Stroganoff w/Biscuits and Fruit	Veggie Lasagna w/Green Beans and Apple Slices	Cheeseburger w/Sweet Potato Tots & Juice	Pizza Friday Fundraiser
PM Snack	Rice Cakes w/Sunbutter & Jelly	Pita Bread & Hummus	Animal Crackers and Milk	Saltine Crackers w/Cube Cheese	Cucumbers w/Ranch and Cheez-Its
Ext. Snack	Pita Bread & Hummus	Animal Crackers and Milk	Saltine Crackers w/Jelly	Cucumbers w/Ranch and Cheez-Its	Rice Cakes and Cream Cheese
AM Snack	15 Cereal w/Milk	16 Mini Bagels w/Strawberry Cream Cheese	17 Oatmeal w/Blueberries	18 Nutrigrain Bar and Milk	19 Pancakes and Sausage
Lunch	Beef & Cheese Soft Tacos w/Green Beans and Pineapple	Chicken Pasta Salad w/Broccoli and Fruit	Grilled Cheese w/Veggies and Fruit	French Toast w/Sausage and Cantaloupe	Pizza Friday Fundraiser
PM Snack	Pretzels w/Nacho Cheese	Cantaloupe w/Cottage Cheese	Nilla Wafers & Chocolate Pudding	Sweet Potato Crackers & Juice	Cucumbers w/Ranch and Cheez-Its
Ext. Snack	Cantaloupe w/Cottage Cheese	Pretzels w/Nacho Cheese	Cheez-Its and Juice	Nilla Wafers w/Chocolate Pudding	Sweet Potato Crackers & Juice
AM Snack	22 Biscuits w/Jelly and Milk	23 Cereal and Milk	24 Cinnamon Toast w/Fruit	25 Oatmeal Cinnamon w/Apples	26 Muffins and Orange Juice
Lunch	Sloppy Joes w/ Fruit and Veggies	BBQ Chicken w/ Stuffing & Veggies	Mac & Cheese w/Veggies and Fruit	Beefy Nacho Pasta w/Fruit	Pizza Friday Fundraiser
PM Snack	Pirate Booty w/Applesauce	Cheese Cubes w/Sweet Potato Crackers	Pita Bread w/Sun Butter	Graham Crackers and Milk	Ritz Crackers w/Pepperoni
Ext. Snack	Cheese Cubes and Sweet Potato Crackers	Pita Bread w/Sun Butter	Pirate Booty & Apple Juice	Ritz Crackers w/Pepperoni	Graham Crackers and Milk
AM Snack	29 French Toast Sticks w/Milk	30 Nurtigrain Bars and Fruit	31 Cereal w/ Milk	1 Pineapple w/Cottage Cheese	2 Mini Bagels w/Cinnamon Cream Cheese
Lunch	Grilled Chicken Tortellini Alfredo w/Fruit	Spaghetti w/Meat Sauce & Veggies	Teryiyaki Chicken w/Rice and Veggies	Chicken Nuggets w/Sweet Potato Tots and Fruit	Pizza Friday Fundraiser
PM Snack	Graham Crackers & Milk	Pineapple w/Cottage Cheese	Saltine Crackers w/Jelly	Nilla Wafers & Chocoalte Pudding	Pretzels w/Nacho Cheese
Ext. Snack	Pineapple w/Cottage Cheese	Graham Crackers & Milk	Cheese Cubes w/Sweet Potato Crackers	Saltine Crackers w/Jelly	Nilla Wafers and Fruit

Menu is subject to change