



July Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	1 Sun Butter w/ Apples	2 Toast with Apple Butter	3 Cheesy Toast	4 Closed 4th of July	5 French Toast Sticks
Lunch	Spaghetti with Meat Sauce, Peas and Carrots, Melon, Milk	Grilled Cheese, Pickles, Oranges, Milk	Chefs Salad, Ham & Turkey, Crackers, Banana	Closed 4th of July	Grilled Cheese, Cucumber, Banana, Milk
PM Snack	Cinnamon Tortilla with Milk	Hummus with Pita	Cooks Choice		Carrots/Broccoli with Ranch
AM Snack	8 Toast with Apple Butter	9 Cereal with Apple Slices	10 Blueberry Oatmeal	11 Cottage Cheese with Fruit	12 Muffins with Mom
Lunch	Buttered Noodles, Broccoli, Apples, Milk	Bean and Cheese Burritos, Corn, Oranges/ Mandarin, Milk	Pizza with Meat Sauce, Bell Peppers, Pears, Milk	Tater-Tot Casserole, Green Beans, Pineapple, Milk	Baked Ziti, Mixed Veggies, Apples, Milk
PM Snack	Cinnamon Tortillas	Melon & Grahams	Apples with Sun Butter	Pepperoni and Crackers	Animal Crackers and Milk
AM Snack	15 Biscuits with Apple Butter	16 French Toast with Milk	17 Cooks Choice	18 English Muffins w/jelly	19 Yogurt with Granola
Lunch	Chicken Nuggets, Bell Peppers, Bananas	Pizza, Corn, Pineapple, Milk	Tuna Casserole, Peas, Fresh Fruit, Milk	Cheeseburger, Tots, Apples, Milk	Cheese Quesadilla Salad Banana
PM Snack	Melon and Cheese	Carrots with Hummus	Apples with Sun Butter	Pita with Hummus	Sweet Potato Tots/ Ranch
AM Snack	22 Berry Oatm	23 Bagels and Cream Cheese	24 Nutrigrain Bar and Milk	25 Biscuits with Apple Butter	26 Oatmeal with Berries
Lunch	Tomato Soup, Mixed Vegetables, Fruit Cocktail, Milk	Chefs Salad, Ham/Turkey, Crackers, Apples, Milk	Bean & Cheese Burrito Corn Mixed Fruit	Italian Pasta, Cucumber, Banana, Milk	Ham, Turkey, and Cheese Stackers, Broccoli, Oranges, Milk
PM Snack	Cinnamon Toast	Carrots with Ranch	Broccoli and Hummus	Yogurt and Graham Crackers	Cranberries and Cheese
AM Snack	29 Cereal w/ milk	30 Pancakes with Applesauce	31 Cottage Cheese with Pineapple		
Lunch	Quesadillas, cor, apples and milk	Mac & Cheese, Peas, Banana, Milk	Turkey and Cheese Roll-Up, Fresh Veggies, Pineapple, Milk		
PM Snack	Goldfish and Juice	Sweet Potato Tots with Ranch	String Cheese with Granola		