



# MERRYHILL MIDTOWN ATHLETICS 2024-25



Merryhill Midtown participates in the Parochial Athletic League (**PAL**). Sports are played in the following seasons:

	<b>Fall</b> (August - November)	<b>Winter</b> (December - February)	<b>Spring</b> (March - May)
<b>Boys</b>	Cross country (5th - 8th) Flag football (6th - 8th)	Basketball (5th - 8th) Little Dribblers Basketball (1st - 4th)	Golf (5th - 8th) Track (5th - 8th) Volleyball (6th - 8th)
<b>Girls</b>	Cross country (5th - 8th) Volleyball (5th - 8th)	Basketball (5th - 8th) Little Dribblers Basketball (1st - 4th)	Flag football (6th - 8th) Golf (5th - 8th) Track (5th - 8th)

As is required for all sports players, athletes will need to fill out the [PAL Medical & Emergency form](#). All students that plan to participate in PAL Sports will also need a new signed PAL Doctor's Medical Release form for the 2024 - 25 school year.

1st - 4th grade students are eligible to participate in the Little Dribblers basketball program which runs during January & February and will also require the [PAL Medical & Emergency form](#) and a signed PAL Doctor's Medical Release form for the 2024 - 25 school year.

Questions? Please contact Paul Kennedy at [paul.kennedy@merryhillschool.com](mailto:paul.kennedy@merryhillschool.com)