



# Merryhill School Menu October 2024



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Chicken Tacos Green Beans Mixed Fruit Milk	Alfredo Pasta Corn Oranges Milk	Cheese Pizza Peas Apple Slices Milk	Chicken Noodle Soup Mixed Vegetables Bananas Milk	Chicken Nuggets Tator Tots Mixed Fruit Milk



There are no substitutions on the lunch menu due to food restrictions. If your child does not eat what is being served on a given day, you are welcome to send a lunch box with a ready to eat lunch. We recommend the use of thermos to keep food items warm and ice packs to keep items cold, need be.

The school provides morning and afternoon snack, below is a list of the items we serve. We will also have milk and water available to students as needed using disposable cups. Sippy cups that will be washed after each use will be available in the Infant and Toddler classes.



## AM & PM Snack Menu Options

Waffles with Syrup Milk <b>AM</b>	French Toast Sticks Water <b>AM</b>	Cereal and Milk <b>AM</b>	Mini Bagel with Cream Cheese Water <b>AM</b>	Cinnamon Toast Milk <b>AM</b>
English Muffin with Jelly Milk <b>AM</b>	Oatmeal with fruit Water <b>AM</b>	Yogurt with Cheerios/Granola Water <b>AM</b>	Corn Flakes Cereal Water <b>AM</b>	Waffles with Syrup Milk <b>AM</b>
Blueberries with Yogurt Milk <b>AM</b>	Blueberry Muffins Milk <b>AM</b>	String Cheese and Ritz Crackers Water <b>PM</b>	Apples Slices and Sunbutter Water <b>PM</b>	Wheat Wafer Crackers Water <b>PM</b>
Biscuits and Gravy Water <b>PM</b>	Cheese Its Water <b>PM</b>	Pretzels w/ Raisins Water <b>PM</b>	Animal Crackers Water <b>PM</b>	Sweet Potato Crackers Water <b>PM</b>
Graham Crackers Applesauce Water <b>PM</b>	Saltine Crackers and Sunbutter Water <b>PM</b>	Veggies Crackers Water <b>PM</b>	Goldfish Water <b>PM</b>	Ritz Crackers and Apple Slices Water <b>PM</b>

\*The above are possible snack combinations, but may vary from day to day.

\*All snacks are served with water \*Lunch is served with milk and/or water

\*100% juice may be served instead of fruit IF fresh fruit is not available