



October

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept 30 Chicken Nuggets Carrots Applesauce	1 Taquitos Green Beans Mandarin	2 Mac n' Cheese Peas Peaches	3 Beef Sliders Mixed Veggies Pears	4 Turkey & Cheese Sandwiches Fresh Veggies Fresh Fruit
7 Cheese Quesadillas Green Beans Peaches	8 Chicken Sliders Mixed Veggies Applesauce	9 Lasagna Carrots Pears	10 Chicken Tacos Peas Mandarin Oranges	11 Cracker Stackers Fresh Veggies Fresh Fruit
14 Chicken Nuggets Carrots Applesauce	15 Taquitos Green Beans Mandarin	16 Mac n' Cheese Peas Peaches	17 Beef Sliders Mixed Veggies Pears	18 Turkey & Cheese Sandwiches Fresh Veggies Fresh Fruit
21 Cheese Quesadillas Green Beans Peaches	22 Chicken Sliders Mixed Veggies Applesauce	23 Lasagna Carrots Pears	24 Chicken Tacos Peas Mandarin Oranges	25 Cracker Stackers Fresh Veggies Fresh Fruit
28 Chicken Nuggets Carrots Applesauce	29 Taquitos Green Beans Mandarin	30 Mac n' Cheese Peas Peaches	31 Beef Sliders Mixed Veggies Pears	Nov 1 Turkey & Cheese Sandwiches Fresh Veggies Fresh Fruit

Snack Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Cereal Milk	French Toast Sticks Milk	Blueberry Muffin Banana Water	Yogurt Vanilla Wafers Water	Turkey Sausage Fresh Fruit Water
Afternoon Snack	Fig Newton Fresh Fruit Water	Animal Crackers Fresh Fruit Water	Cheese Its Fresh Fruit Water	Cheese Stick Crackers Water	Sweet Potato Crackers Cream Cheese Water

*There are no substitutions on the snack or lunch menu due to food restrictions or allergies. If your child does not eat what is being served on a given day, you need to send a lunchbox with a ready to eat lunch or snack. We recommend the use of a thermos to keep food items hot or an ice pack to keep items cold, if need be. Morning snack will be served around 9am, Lunch will be served around 11:30am, Afternoon snack will be served around 3:30pm