

## Merryhill School Menu December 2024



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Chicken Tacos Salad Mixed Fruit Milk	Grill Cheese Sandwich and Tomato Soup Bananas Milk	Chicken Nuggets Tater Tots Oranges Milk	Macaroni and Cheese Mixed Vegetables Apple Slices Milk	Spaghetti Corn Pears Milk

There are no substitutions on the lunch menu due to food restrictions. If your child does not eat what is being served on a given day, you are welcome to send a lunch box with a ready to eat lunch. We recommend the use of thermos to keep food items warm and ice packs to keep items cold, need be.

The school provides morning and afternoon snack, below is a list of the items we serve. We will also have milk and water available to students as needed using disposable cups. Sippy cups that will be washed after each use will be available in the Infant and Toddler classes.



## AM & PM Snack Menu Options

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Waffles with Syrup	French Toast Sticks	Cereal and Milk	Mini Bagel with	Cinnamon Toast			
Milk	Water		Cream Cheese	Milk			
			Water				
AM	AM	AM	AM	AM			
English Muffin with	Oatmeal with fruit	Yogurt with	Corn Flakes Cereal	Waffles with Syrup			
Jelly	Water	Cheerios/Granola	Water	Milk			
Milk		Water					
AM	AM	AM	AM	AM			
Blueberries with	Blueberry Muffins	AM String Cheese and	Apples Slices and	Wheat Wafer			
Yogurt	Milk	Ritz Crackers	Sunbutter	Crackers			
Milk		Water	Water	Water			
AM	AM	PM	PM	PM			
Biscuits and Gravy	Cheese Its	Pretzels w/ Raisins	Animal Crackers	Sweet Potato			
Water	Water	Water	Water	Crackers			
				Water			
PM	РМ	PM	PM	PM			
Graham Crackers	Saltine Crackers and	Veggies Crackers	Goldfish	Ritz Crackers and			
Applesauce	Sunbutter	Water	Water	Apple Slices			
Water	Water			Water			
РМ	РМ	РМ	РМ	РМ			
*The above are possible snack combinations, but may vary from day to day.							
*All snacks are served with water *Lunch is served with milk and/or water							
	*100% juice may be served instead of fruit <b>IF</b> fresh fruit is not available						
	100 /0 juice may be a						

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