

Before & After School Programs

Extended Day • Clubs & Enrichment



Merryhill Elementary School

2600 V Street | Sacramento, CA 95818
(916) 429-6055 | merryhillschool.com

Winter 2025

A Place to Grow:

Where learning continues beyond the school day

Our Before & After School Programs offer students enriching opportunities for discovery and exploration before and after the normal school day hours. These programs provide numerous options for fun while also reinforcing the essential lessons and values taught throughout the school day.



Extended Day (B&A)

Our Extended Day program, also known as Before and After Care or B&A, allows busy working families the flexibility to drop off before the school day starts and pick up after the normal dismissal time. Our program is organized into several areas that are designed to provide your child with opportunities to learn valuable life skills, and to reinforce the skills they're learning during the school day, while providing plenty of time for fun with friends.

Program Details:

- Before School: 7:00 - 8:00AM
- After School: 4:00 - 6:00PM
- Dedicated and specially trained staff members with experience in working with children.
- Facilities include outdoor spaces, Gym, Commons, and classrooms.

Clubs & Enrichment

Our Clubs and Enrichment Programs are great ways for your child to expand on their interests or pursue new passions. These can be added in conjunction with our Extended Day Program or independently. This program offers families an opportunity to enroll their student in one or more days of after school activities without leaving the convenience of our campus.

Program Details:

- Hours: Varies by Club & Enrichment
- Dedicated and specially trained staff members in specialty area.
- Facilities include outdoor spaces, Gym, classrooms, and Specialty rooms including the M2Studio and Media Center. Sports clubs and teams may utilize local park/field spaces.



Extended Day

Extended Day

Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills and to reinforce the skills they're learning during the school day. If you would like more information about registering, please email Mrs. Duke katrina.duke@merryhillsschool.com



Students explore the exciting world of science, technology, engineering, art and math (STEAM) through building projects, experiments, and design challenges. Sharing ideas, asking questions, and making predictions are encouraged!



Robust outdoor free play and structured games help students learn sportsmanship and develop their physical strength. Students learn critical thinking and problem solving by participating in board games and team challenges with their peers. The “Commons Lounge” is designed for students in 5th-8th grades, and consists of table top/board games, limited video games, card games, and more. While students still have the freedom to talk with friends, read, and work on homework, the “Commons Lounge” encourages increased socialization and interaction among our older students.



Students in JrK-4th grades have opportunities to express themselves by participating in hands-on visual arts, including drawing, painting, and more. Activities are designed with student age in mind, and an emphasis is placed on materials explorations.



Social and emotional growth is nurtured through student and teacher led activities that promote a feeling of community and belonging. Students learn through open-ended activities that give them a chance to apply problem-solving skills and collaborate with friends.



At Midtown, all K-8 students are provided study hall regardless of enrollment in the extended day program. During study hall, we provide students a quiet place to work on homework, read, journal, or seek academic support from peers and teachers. Students in K-5th grades have study hall from 3:00-3:45PM.



Clubs & Enrichment



Private Music Lessons

Learn how to play the piano, violin, or ukulele! Private 1:1 music lessons are 30 minutes in length. String instruments and music books must be provided by families.

Grades: Kindergarten - 8th

Weeks Offered: Monthly Basis

Time: M-F, 3:00 - 6:00PM

Cost: \$35/lesson

Instructor: Ms. Wright (beginning piano, ukulele), Ms. Cristina Castro (beginning piano, violin), and Ms. Jessica Harrison.

*Sign-up options provided in late summer. Some lessons are full for the 24/25 school year. Email Mrs. Duke to be added to the schedule/waitlist.

Jazzerettes classes require a yearly \$25 reg. fee, and are offered on monthly basis. All classes will hold a Showcase at Consumnes River College Performing Arts Theater in May 2025. Here is a [link](#) to see what the Showcase is like!

Jazzerettes: Twinkle Toes

The class focuses on age appropriate ballet dancing and music. Dancers will not only learn ballet choreography but basic dance techniques as well.

Grades: JrK - 3rd

Weeks Offered: Monthly basis

Time: Thursdays, 3:00 - 3:45PM

Cost: \$78/month

Instructor: Jazzerettes Instructor

Location: Gym

Jazzerettes: Cheer

Cheer is a great way to get students moving in a fun and spirited way after school. Students will learn creative, choreographed cheer routines.

Grades: Kindergarten - 4th

Weeks Offered: Monthly basis

Time: Tuesdays, 3:00 - 3:45PM

Cost: \$78/month

Instructor: Jazzerettes Instructor

Location: Gym

Jazzerettes: Hip Hop

The class focuses on age appropriate hip hop dancing and music. Hip Hop Dancers will not only learn high energy hip hop choreography but basic dance techniques as well!

Grades: Kindergarten - 4th

Weeks Offered: Monthly basis

Time: Mondays, 3:00 - 3:45PM

Cost: \$78/month

Instructor: Jazzerettes Instructor

Location: Gym



Theater Club

Students will continue work towards their end-of-year performance of DOGTECTIVE, the caper of the missing chew toy. Please note that Theater Club is run on a year-long basis so that students may work towards this final performance.

Grades: 1st - 5th, 21 students max.

Weeks Offered: 1/6 - 3/10 (10 classes)

Time: Tuesdays, 3:45 - 4:30PM

Cost: \$150

Instructor: Ms. Danika Wright

Location: M2Studio

Yoga Time

Unwind and have fun - mindfully! During each class, we will breathe, stretch, relax, and cooperate through playful movement, music, games, art, and stories. The activities and skills in this class are geared toward 1st through 5th graders.

Grades: 1st - 5th, Minimum 5/Max 12

Weeks Offered: 1/6 - 3/10 (10 classes)

Time: Thursdays, 3:00 - 3:45PM

Cost: \$160

Instructor: Mrs. Jennifer Brinsky

Location: Room 110

Ukulele Club

Students will learn ukulele fundamentals such as chord basics, strumming, and singing while playing, in order to build up a songbook in collaboration with their fellow club members.

Grades: 3rd - 8th, Minimum 3/Max 12

Weeks Offered: 1/6 - 3/10 (10 sessions)

Time: Wednesday 3:45 - 4:30PM

Cost: \$150

Instructor: Ms. Wright

Location: M2Studio



In partnership with the Parochial Athletics League (PAL), league sports are available to students in grades 1st to 8th, depending on the sport. These competitive teams play against other private schools in the Sacramento area.

2024-25 sports include track & field, basketball, flag football, volleyball, cross country, and golf. Families can expect to receive communications related to our Athletics Program directly from our Athletics Director, Paul Kennedy, ahead of each sports season.

Winter PAL sports teams have already been formed/finalized. Questions about sports can be directed to Paul.Kennedy@merryhillsschool.com.

PAL Sports Options:

PAL sports cost \$200 per season, plus the cost of uniforms. Tournament play may be arranged during the season and will incur an additional fee based on the tournament cost.

**Sports schedules are subject to change based on the release of PAL game schedule. Updated schedules will be provide as applicable.*

PAL Sports Options:

All PAL sports cost \$200 per season, plus the cost of uniforms. Tournament play may be arranged during the season and will incur an additional fee based on the tournament cost.

This is subject to change based on the release of PAL game schedule. Updated schedules will be provided ahead of the return to school following winter break for the remainder of the season.

Boys Basketball Varsity Comp

Grades: 7th - 8th
Days & Time: M 5:15 - 6:00PM & W 4:30 -6:00PM
Cost: \$200/season
Coach: ZaLisha Oliver

Girls Basketball Varsity Comp

Grades: 6th - 8th
Days & Time: M 4:30 - 5:15PM & F 4:00 - 5:30PM
Cost: \$200/season
Coach: Phillip Murry & ZaLisha Oliver

Boys Basketball Varsity Rec.

Grades: 6th - 8th
Days & Time: M 4:45 - 5:45PM
Cost: \$200/season
Coach: DeAndre Preble

Boys Basketball JV Rec.

Grades: 5th - 6th
Days & Time: T/Th 3:45 - 4:45PM
Cost: \$200/season
Coach: Chase Baxter

Little Dribblers Basketball

Grades: 1st - 4th co-ed
Days & Time: TBD 3:00 - 3:45 or 3:45 - 4:30 PM
Cost: \$200/season
Coach: Parent coaches



Coding and Robotics Jr.

In this club students will be able to dive more into the world of coding. Students will be able to use their coding skills to code our Code-A-Pillar, Code N Go Mouse, and Dash.

Grades: K - 2nd, Minimum 10/Max 20

Weeks Offered: 1/6 - 3/10 (10 classes)

Time: Tuesdays, 3:00 - 3:45PM

Cost: \$170

Instructor: Ms. Liz Caraballo

Location: Design Lab/Media Center

**Requires students to bring their iPad devices*

Stop Motion

Lights, camera, action! Do you love making movies? Let's explore the world of stop-motion together while making unique movies using different items in the Media Center.

Videos will be shared with families in our Midtown Media Tech Newsletters. You can submit videos that meet the SEVA requirements to the contest.

Grades: 1st - 5th, Minimum 12/Max 20

Weeks Offered: 1/6 - 3/10 (10 classes)

Time: Wednesdays, 3:45 - 4:30PM

Cost: \$170

Instructor: Ms. Liz Caraballo

Location: Design Lab/Media Center

**Requires students to bring their iPad devices*

Coding and Robotics

In this club, students will learn to build and program robots using basic programming software. After mastering basic programming, students will learn to program their robots to accomplish tasks and solve challenges! Problem-solving and logical thinking skills will be emphasized. Students will also learn the basics of being a drone pilot and explore various coding apps.

Grades: 3rd - 5th, Minimum 8/Max 15

Weeks Offered: 1/6 - 3/10 (10 classes)

Time: Thursdays, 3:00 - 3:45PM

Cost: \$170

Instructor: Ms. Lizbeth Caraballo

Location: Design Lab/Media Center



Lunch Clubs - Middle School

Movie Makers MS

Whether you're interested in creating mini-documentaries about your favorite toys or food, producing news stories, public service announcements, or crafting creative expression films, this club will help you enhance your movie-making and editing skills. You may even have the opportunity to submit your work to the California Movie Contest.

Grades: 6th - 8th, 3 student minimum

Weeks Offered: 1/6 - 3/10 (10 weeks)

Time: Tuesdays, 11:30 - 12:00 (lunch recess)

Cost: \$185

Instructor: Ms. Liz Caraballo

Location: Design Lab/Media Center

**Requires students to bring their iPad devices*

Sewing Club Jr.

In this club students will learn the basics of a sewing machine. Students will learn about fabrics. Students will sew their own pillow to take home.

Grades: 1st - 2nd Minimum 5/Max 10

Weeks Offered: 1/6 - 3/10 (10 classes)

Time: Thursdays, 11:30 - 12:00 (lunch)

Cost: \$180

Instructor: Ms. Liz Caraballo

Location: Design Lab/Media Center

Dungeons & Dragons Adventurers' League

Are you a middle schooler looking for adventure with your friends for our first trimester of the school year? Come be a part of the Adventurers' League, the premier Dungeons and Dragons Middle School Lunch Club! This club meets consistently during Middle School lunch in room 210! Cost includes a set of polyhedral dice and dice bag for new players, expertly created personalized 1st level characters, official D&D resources, in-game swag, and official Wizards of the Coast campaign content led by Dungeon Master Gould! New players are always welcome- join in the adventure!

Grades: 6th - 8th, 10 students max. each session

Weeks Offered: 1/6 - 3/10 (6th 8 weeks, 7th/8th 10 weeks)

Times: M 6th, T 7th, TH 8th, MS Lunch

Cost: 6th \$80, 7th/8th \$100

Instructor: Mr. Ben Gould

Location: Room 210

Warhammer Alliance

Warhammer is more than a game – it's a hobby, and it's got something for every young person. Whether they like assembling stunning collections, building intricate models or showing off their creativity through painting, it's all here. Countless worlds and realms await to be conquered in tactical gameplay or discovered in the chapters of gripping novels. In this club's inaugural trimester, students will learn to play Warhammer 40K: each student will be given two models to build and paint, will have access to various rules and models of factions during gameplay, and will be utilizing painted scratch-made and Games Workshop terrain.

Grades: 6th - 8th, Minimum 2/Max 15

Weeks Offered: 1/6 - 3/10 (9 weeks)

Times: Fridays, MS Lunch

Cost: \$100

Instructor: Mr. Ben Gould

Location: Room 210



Lunch Clubs

Movie Makers

Whether you're interested in creating mini-documentaries about your favorite toys or food, producing news stories, public service announcements, or crafting creative expression films, this club will help you enhance your movie-making and editing skills. You may even have the opportunity to submit your work to the Sacramento Educational Video Awards (SEVA) contest!

Grades: 2nd - 5th, 30 students max.

Weeks Offered: 1/6 - 3/10 (10 weeks)

Time: Tuesdays, 12:00 - 12:25 (lunch recess)

Cost: \$185

Instructor: Ms. Liz Caraballo & Mrs. Lindsey Laudato

Location: Design Lab/Media Center

**Requires students to bring their iPad devices*

Great Outdoors

Welcome to the Great Outdoors! This club involves learning about nature, the environment, hands-on experiences, conservation, recreational activities, and more! This class will be great for exposing kids to what is outside and things they may not know that is out there such as natural phenomena and ways to appreciate it such as hiking, climbing, and etc. This club will involve planting projects as well as various science experiments. With living in a concrete jungle, it becomes hard to enjoy what is around us.

Grades: 3rd - 5th, Minimum 2/Max 15

Weeks Offered: 1/6 - 3/10 (10 weeks)

Time: Thursdays, 12:00 - 12:25 (lunch recess)

Cost: \$150

Instructor: Mr. Jacob De La Torre

Location: Outdoors, weather permitting (Room 105)

Coding Club

Explore the world of coding with Code Spark and Kodable. In this lunch club, students will use two of our favorite coding apps on campus to learn about coding.

Grades: 1st - 5th, Minimum 10/Max 25

Weeks Offered: 1/6 - 3/10 (10 weeks)

Time: Wednesday, 12:00 - 12:25 (lunch recess)

Cost: \$170

Instructor: Ms. Liz Caraballo

Location: Design Lab/Media Center

**Requires students to bring their iPad devices*

Sewing Club Jr. #2

In this club students will learn the basics of a sewing machine. Students will learn about fabrics. Students will sew their own pillow to take home.

Grades: 3rd - 5th, Minimum 5/Max 10

Weeks Offered: 1/6 - 3/10 (10 weeks)

Time: Thursday, 12:00-12:25 (lunch recess)

Cost: \$175

Instructor: Ms. Liz Caraballo

Location: Design Lab/Media Center

**Requires students to bring their iPad devices*

Crochet Club

Students will have the opportunity to learn crochet skills or build upon existing skills to work towards completing their own projects.

Grades: 3rd - 5th Minimum 2/Max 8

Weeks Offered: 1/6 - 3/10 (10 weeks)

Time: Thursday, 12:30 -12:55 (lunch)

Cost: \$75

Instructor: Ms. Danika Wright

Location: M2Studio



Other Clubs

Pokemon Club - Gotta Catch 'Em All!

Join Pokémon club to learn and play all things Pokémon! In this Tuesday session, we learn to play the card game that teaches us math and healthy competitive skills. All with your own personalized binder and starter deck! *Device free option.*

Grades: K - 5th, 15 students max

Weeks Offered: 1/6 - 3/10 (10 weeks)

Time: Tuesdays, 4:00 - 4:45PM

Cost: \$155

Instructor: Ms. Kayla Padilla

Location: Room 104

Pokemon Club - Gotta Catch 'Em All!

Join Pokémon club to learn and play all things Pokémon! In this Thursday session, we'll play PokémonGo and explore our campus to catch Pokémon while learning healthy competitive skills. All with your own personalized binder and starter deck!

Grades: K - 5th, 15 students max

Weeks Offered: 1/6 - 3/10 (10 weeks)

Time: Thursdays, 4:00 - 4:45PM

Cost: \$165

Instructor: Ms. Kayla Padilla

Location: Room 104

**Requires students to bring their iPad devices*

STEAM Team

Calling all explorers! In this hands-on club, we will investigate the elements of STEAM (science, technology, engineering, art, math) through fun, collaborative experiments and activities. If you like building, art, and science, this club is for you!

Grades: 1st - 5th, Minimum 6/Max 12

Weeks Offered: 1/6 - 3/10 (10 weeks)

Time: Wednesdays, 3:00 - 3:45PM

Cost: \$160

Instructor: Ms. Jennifer Brinsky

Location: Room 110

Craft Club

Ready to get your craft on? In this club, we will explore a variety of media and materials while working on a range of projects. From paint to fiber arts, and from natural materials to salvaged items, the sky's the limit for our creativity!

Grades: 1st - 5th, Minimum 5/Max 12

Weeks Offered: 1/6 - 3/10 (10 weeks)

Time: Wednesdays, 3:45 - 4:30PM

Cost: \$160

Instructor: Mrs. Jennifer Brinsky

Location: Room 108



Clubs & Classes Parent Planner

Student Name: _____ Grade: _____

This parent planner is provided for your convenience and does not need to be submitted to the school. Simply click the links below to register. Sign ups will be accepted on a first come, first serve basis. If a club is full, you will be notified and your child will be placed on the waitlist. PAL sports and music lesson registration is completed separately, as communicated by the school.

Click to Register → [Midtown Clubs & Classes](#)

Click to Register → [Jazzerettes](#)

	Title	Grades	Weeks	Time	Sessions	Cost
	Private Music Lessons	K - 8th	Ongoing	As scheduled	-	\$35/lesson
	Jazzerettes: Twinkle Toes*	JrK - 3rd	Monthly	TH 3:00 - 3:45	-	\$78/month
	Jazzerettes: Cheer*	K - 4th		T 3:00 - 3:45		
	Jazzerettes: Hip Hop*	K - 4th		M 3:00 - 3:45		
	Yoga Time*	1st - 5th	1/6-3/10	TH 3:00 - 3:45	10	\$160
	Ukulele Club*	3rd - 8th		W 3:45 - 4:30	10	\$150
	Theater Club*	1st - 5th		T 3:45 - 4:30	10	\$150
	PAL Sports: Boys Basketball Varsity Comp	7th - 8th	Winter Season	As scheduled	-	\$200/season
	PAL Sports: Girls Basketball Varsity Comp	6th - 8th				
	PAL Sports: Boys Basketball Varsity Rec	6th - 8th				
	PAL Sports: Boys Basketball JV Rec	5th - 6th				
	Little Dribblers Basketball (boys and girls)	1st - 4th				
	Coding and Robotics, Jr. *	K - 2nd	1/6-3/10	T 3:00 - 3:45	10	\$170
	Stop Motion*	1st - 5th		W 3:45 - 4:30	10	\$170
	Coding and Robotics*	3rd - 5th		TH 3:00 - 3:45	10	\$170
	Movie Makers, MS*	6th - 8th		T Lunch	10	\$185
	Dungeons & Dragon's Lunch Club*	6th		M Lunch	8	\$80
	Dungeons & Dragon's Lunch Club*	7th		T Lunch	10	\$100
	Dungeons & Dragon's Lunch Club*	8th		TH Lunch	10	\$100
	Warhammer Alliance*	6th - 8th		F Lunch	9	\$100
	Movie Makers*	2nd - 5th		T Lunch	10	\$185
	Sewing Jr. Club*	1st - 2nd		Th Lunch	10	\$170
	Great Outdoors*	3rd - 5th		Th Lunch	10	\$150
	Crochet Club*	3rd - 5th		Th Lunch	10	\$75
	Coding Club*	1st - 5th		W Lunch	10	\$170
	Sewing Club Jr. #2*	3rd - 5th		Th Lunch	10	\$175
	Pokemon Club*	K - 5th		T 4:00 - 4:45	10	\$155
	Pokemon Club*	K - 5th		TH 4:00 - 4:45	10	\$165
	STEAM Team*	1st - 5th		W 3:00 - 3:45	10	\$160
	Craft Club*	1st - 5th	W 3:45 - 4:30	10	\$160	
Total Cost						

*indicates online registration. Register using the links provided above.