

## **January Menu**



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	
AM Snack			CLOSED	Waffles, Sun Butter & Water	Cereal & Milk
PM Snack			CLOSED	Hummus, Ritz & Water	Turkey, Crackers, & Water
	6	7	8	9	10
AM Snack	Yogurt, Granola & Water	Fig Bars & Apple Juice	English Muffins, Sun Butter & Water	Cereal & Milk	Grahams, Sun Butter & Water
PM Snack	String Cheese, Animal Cracker & Water	Pears, Vanilla Wafers & Water	Apple Slices, Grahams & Water	Salsa, Ritz & Water	Hummus, Cracker & Water
	13	14	15	16	1
AM Snack	Cereal & Milk	Waffles, Sun Butter & Water	Yogurt, Granola & Water	Eggs, Bread & Water	Fig Bars & Apple Juice
PM Snack	Mandarins, Crackers & Water	Goldfish, String Cheese & Water	Cream Cheese, Grahams & Water	Cheez-It, Applesauce & Water	Turkey, Pretzels & Water
	20	21	22	23	24
AM Snack	CLOSED	English Muffins, Jelly & Water	Cereal & Milk	Blueberry Muffins & Water	Bagels, Cream Cheese & Water
PM Snack	CLOSED	Hummus, Ritz & Water	Applesauce, String Cheese & Water	Fig Bars & Water	Salsa, Saltines & Water
	27	28	29	30	3
AM Snack	Fig Bar & Water	Pancakes, Sun Butter & Water	Eggs, Bread & Water	Yogurt, Cereal & Water	Blueberry Muffins & Water
PM Snack	String Cheese, Animal Cracker & Water	Pears, Goldfish, & Water	Saltines Cracker, Turkey & Water	Cheez-It, Applesauce & Water	Cream Cheese, Grahams & Water